

STCW 2010 Basic Safety Training



STCW 2010 is the legal minimum requirement for anyone looking for commercial work aboard vessels over 24m, in accordance with the **STCW code A-VI/1**

The training course consists of 5 core modules taken over 6 days.

■ **Personal Safety and Social Responsibility (STCW A-VI/1-4)**

An introduction to accident prevention and safety procedures including alarms and signals. It also covers your rights at work, employment conditions and work practices such as safe working, pollution prevention and relations with others on board.

■ **Fire Fighting and Fire Prevention (STCW A-VI/1-2)**

Identifies the different types of fire that can occur on board and how to prevent them from starting and selection of the appropriate extinguishers. Practical training includes use of firefighting equipment and breathing apparatus to extinguish fires and complete a casualty evacuation in a smoke filled environment.

■ **Elementary First Aid (STCW A-VI/1-3)**

A mixture of theory and practical sessions on how to respond to the most common emergencies on board. You will learn CPR, how to treat a casualty, control bleeding, manage broken bones, burns and treat shock.

■ **Maritime Security Awareness (STCW A-VI/6-1)**

Provides knowledge, understanding and proficiency for personnel intending to work on ships who will not have any designated security duties.

■ **Personal Survival Techniques (STCW A-VI/1-1)**

Essential sea survival training to deal with a range of emergency situations. Includes the launch of a life raft, using safety equipment, the techniques for surviving at sea both in and out of life rafts and how to summon help.

RAK Ports Maritime Training Institute

Delivers the Basic Safety Course on a regular basis at its facilities in Saqr and Al Jeer ports. The training includes all course resources and Personal Protective Equipment. This course contains some exercises that are physically demanding. Any candidate unsure of their fitness for such activities should consult their doctor. To achieve certification all 5 modules, need to be successfully completed but can be taken separately.

The Basic Safety course is approved and accredited by the UAE Federal Transport Authority Land and Maritime.

For further information on all courses contact:

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